

# Mansion House Club

## Swim ~ Dive ~ Tennis

P.O. Box 30, Mount Vernon, Virginia 22121

May 2015

### Message from the MHC President

Dear Mansion House Members,

Welcome to Summer 2015! We have been readying the pool for opening day and are pleased to report that it is in great shape due, in part, to the white coating completed in 2014 and the pool cover that was installed in the fall. The grounds, parking lot, and tennis courts are ready too! The Board extends a special thanks to all of those members who came out for our clean up days. We deeply appreciate the dedication of our membership to the upkeep of the pool, tennis courts, and grounds.

Please take note of the important information in this newsletter, especially with regard to social and team events. As you may know, the pool closes early for social and swim events on some nights, as well as some late openings on occasional Saturdays for swim meets. Please note these dates and times so that you are not inconvenienced by showing up at the pool to swim during one of these planned events. For our part, we will keep the website up-to-date to ensure that you will have timely, accurate information about closings and other happenings at the pool. We will also post signs at the pool in advance of planned events so that you will have plenty of notice that a pool closing is coming up.

Speaking of pool closings... this is a gentle reminder that, while we are looking forward to many hot and sunny days, the pool will close when there is thunder. Our standard policy is to wait 1 hour from the last sound of thunder to re-open the pool. [continued next column]

Please remember that the lifeguards are doing their job by closing the pool when it thunders to ensure the safety of you and other members. Sometimes it thunders when there is not a cloud in the sky or when there is no rain in the forecast. We understand your frustration when the pool is closed under these circumstances. We ask only for your patience and understanding during these events.

As always, the Mansion House Board of Directors welcomes suggestions regarding the pool, grounds, and tennis courts. Please do not hesitate to reach out to any Board member with your concerns or compliments. We are ready to help all have enjoyable summer. We are looking forward to seeing you poolside!!

Sincerely,

*Jacqueline Cooney, President*

### 2015 Operating Hours\*

**Pool:** May 25–September 7,  
2015  
11:00 a.m.–9:00 p.m.

**Tennis Courts:** Daily, year  
round, 8:00 am–10:00 pm

**Note:** Team events and practices may interrupt schedule. Be sure to check the Club's calendar for scheduled team or club events.

**\*Weather permitting.**

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### IMPORTANT NOTES

#### One-stop registration:

**Register in-person for swim, dive and tennis from 4 to 6 PM at MH Club on May 17th.**

*Have you earned pool passes? When you come to the Club to register for swim, tennis, or dive, or if you just want to drop by, ask the desk attendant for your passes. Be prepared to show ID or to tell them your membership number.*

### Does MHC Have Your e-mail Address?

If have not been receiving emails then MHC does not have your current email address. To receive e-mail updates and Club information, and reduce postage costs, please send your email address to the MHC Secretary at [mhclub-secretary@gmail.com](mailto:mhclub-secretary@gmail.com).

Visit the Club web site at:  
[mansionhouseclub.com](http://mansionhouseclub.com)

# MHC SWIM TEAM

## MHC SWIM TEAM SIGNUP & MEET THE COACHES

The 2015 swim season is now upon us! Registration is open! Visit our club website at [www.mansionhouseclub.com](http://www.mansionhouseclub.com) to register online or review other options. MHC is in Division 7 and we are excited that Coach Joe and Coach Carter will be returning to MHC to lead our swimmers. Joining them on deck are Riley Holt, Joseph Hood, Katie Hutchinson, Meredith Lian, Andrew Revers, Will Revers, and Maddie Sanasack.

\*Kickoff: Memorial Day, Monday, May 25th

3 to 5pm Meet the Coaches and parent meeting at 4pm.

Sport Fair will be selling the new team suit, fins, and goggles.

\*Afternoon practices begin Tuesday, May 26th

\*Little Piranha Parent meeting: Sunday, May 31st 7pm

(Assessments will be during evening time slots from June 1-June 3rd and LP practices begin June 8th. No Tuesday practices!)

\*Morning Practices begin Monday, June 22nd.

Plain back silicon Mansion House caps are available for \$12. Swim pinnies are back! They are kelly green and black reversible pinnies with "Property of Mansion House" logo on both sides. Only \$20

Deck officials, please review the NVSL clinic schedule and mark your calendars now to attend

re-certification. We need new faces on deck as many of our officials are nearing retirement.

Please consider and let us know if you are interested!

See you poolside soon. It is always a great day to be a Piranha!

## Swim Team E-mail List?

Are you new to MHC or thinking about becoming a Piranha? Please email us at

[Mansionhouseswimnews@gmail.com](mailto:Mansionhouseswimnews@gmail.com)



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# 2015 MHC SWIM SCHEDULE

## Week #1

May 25 - 3 to 5pm-meet the coaches, purchase swimsuits, & sign up to volunteer

May 26 - after school swim practices begin-Monday-Friday

(13 & Up: 4-5pm: 9 to 12 yr: 5-6pm: 8 & Under: 5:45-6:30pm)

May 31 - Little Piranhas Parent Meeting- 7:00 pm

## Week #2

June 1 through 3rd - Swim assessments for Little Piranhas

(ages 5-7) Coaches will assess comfort level in water and swim ability

## Week #3

June 8 - Little Piranhas practice begins 6:30 to 7:15pm (M, W, Th & F)

June 12- Pasta Potluck Dinner and "Go Green" Pep Rally- 6:30 pm

(Parent meeting at 7pm)

June 13—Time Trials at Mansion House @ 8am: White versus Green teams!!

## Week #4

June 15- B Meet -Mt Vernon Country Club at MHC @ 5pm

June 19-Pep Rally- 6:30 pm

June 20-1st NVSL dual meet: MHC at Villa Aquatic: caravan leaving at 7am

## Week #5

June 22- Morning Practice begins-based on FCPS

(13&Up: 7:30-9am: 9 to 12 yr: 8:45-10 am: 8 & Under: 9:45-10:45am; LPs 10:45-11:30am)

June 22- B meet-Hollin Meadows at MHC @ 5pm

June 24-Ft Hunt Sportsmen Relays at Riverside Gardens @ 5pm

June 26- Pep Rally-Bowling- 1 pm

June 27-2nd NVSL dual meet: MHC at High Point Pool: caravan leaving at 7am

## Week #6

June 29th- B meet-MHC at Hayfield@ 5pm

June 30th- Picture Day & Team Breakfast (All American Cooking Contest); FBST clinic-12 noon

July 3rd- Third Annual Piranha Swim-a-thon @ 8-10:45am

July 4- 3rd NVSL dual meet: Fair Oaks at MHC @8am

**Happy 4th! Family Fun at MHC club party at Mansion House 1-5pm**

## Week #7

July 6- B meet- MHC at Mount Vernon Park@ 5pm

July 8-Ice Cream Social team breakfast; (NCAP clinic-12 noon)

July 8-Division Relay Carnival @ Villa Aquatic at 5pm



# 2015 MHC SWIM SCHEDULE—continued

## Week #8

July 13-B meet-Waynewood at MHC @5pm

July 14-Team breakfast

FBST clinic-12 noon

July 15-Mini meet for 8 & Unders-Belle Haven Country Club

July 15-All-Star Relay Carnival at Hunt Valley @ 5pm

July 17- Putt Putt Pep Rally: Time TBD

July 18-5th NVSL dual meet: MHC at Forest Hollow: caravan leaves at 7:00am

## Week #9

July 20-Individual Medley (IM) Invitational at Stratford Landing

July 21-Last day of practice for those not competing in Divisionals

(Pancake & Bacon Team breakfast)

\*\*Divisional Swimmer meetings with Coach Joe & stroke selection

July 24-Divisional parties

July 25th-Division Championship meet at MHC @ 8am

July 25th - MHC Awards Dinner & Celebration- 6:30pm

## Week #10

August 1st-Individual All-Stars Meet at Little Rocky

## 2014 MHC SWIM TEAM



# Mansion House Club Tennis



The Mansion House Tennis Program is ready for a great 2015 season! All tennis classes and programs this year will be staffed by **USTA professional coaches** from the **Mount Vernon Athletic Club**. *These highly experienced instructors are terrific with the kids!*

**Please see the Tennis Home page on the MHC website for updated information and details!**

## **Important Dates:**

**RIGHT NOW!!:** Online Registration - <http://goo.gl/forms/VlK06kPmyB>

**May 17 4-6 PM:** In-person registration at Mansion House Club

**May 25 3-5 PM:** In-person registration at Mansion House Club

**June 22:** Classes start. Register on-line, by mail or in person – ***space is limited!***

## MHC Youth Tennis Program Descriptions

**8 and Under—Ages 4-6:** \$150 summer/\$40 week (Program Code: U8 4-6) The newest players will learn tennis tailored to their size and age. Special balls, nets, and court dimensions will be used to ensure everyone has fun and learns the fundamentals. (Monday, Tuesday & Thursday mornings: 8:00-8:45AM)

**8 and Under—Ages 6-8:** \$150 summer/\$40 week (Program Code: U8 6-8) This is for the beginning younger player, but also serves as a continuation of U8 (age 4-6). This class still uses special balls and smaller court dimensions, but has some additional drills and games for the younger players that need a little more of a challenge. (Monday, Tuesday & Thursday mornings: 9:00-9:45AM)

**Performance I—Ages 9+:** \$195 summer/\$50 week (Program Code: P-I) For the beginner youth tennis player looking to learn the strokes, mechanics and general footwork. (Monday, Tuesday & Thursday mornings: 10:00-11:00AM)

**Performance II—Ages 9+ (with instructor approval):** \$195 summer/\$50 week (Program Code: P-II)

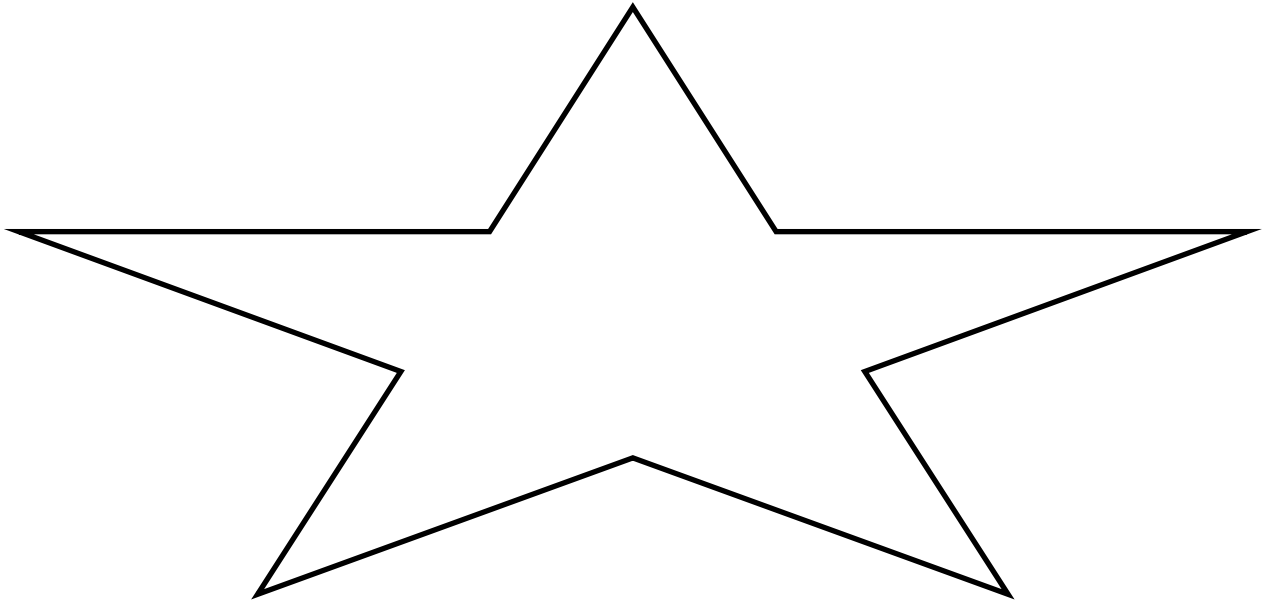
For the intermediate youth tennis player looking to learn regular match play, along with basic and more advanced stroke play and footwork. Possible match play experience with local pools Wednesday mornings and Sunday afternoons. (Monday, Tuesday & Thursday mornings: 11:00AM-12:00PM)

**High Performance—Ages 9+(with instructor approval):** \$195 summer/\$50 week (Program Code: HP)

Intensive drills and match play for the advanced player. Match play with other local pool/tennis clubs in the MVCT league on Wednesday mornings and Sunday afternoons. (Monday, Tuesday & Thursday afternoons: 12:00PM-1:00PM)



## 2014 MHC Tennis Team



## MHC DIVE TEAM

The MHC Piranhas Dive Team is looking forward to another great season of diving!

**MHC DIVE TEAM REGISTRATION IS OPEN** - You can register online anytime at [mansionhouseclub.com](http://mansionhouseclub.com), in-person at the pool open house May 17<sup>th</sup> from 4-6pm, in-person at the pool on Memorial Day May 25<sup>th</sup> from 3-5pm, or at dive practice during week 1. Come meet the coaches and purchase team suits and Shammies (Tie-Dye) from 3-5pm Memorial Day!

**TRY IT OUT FOR A WEEK** - “Try it! You’ll like it!” As long as the safety waiver has been signed, your diver will be permitted to ‘try-out’ the dive team for one week before registration will be required. We will have extra copies of the safety waiver and dive packet at practice or you can print it out online. Our dive team philosophy is to become the best divers we can, to demonstrate good sportsmanship and team spirit, and to have a fun and safe summer. The Piranhas Dive Team welcomes new members, so please come join us!

**DIVE COACHES** - We are very happy to have Tim Fisher returning as our Head Coach and Maggie Pionzio returning as our Assistant Coach. Our team will be competing for our fifth year in Division 1 of the Northern Virginia Swim League.

**PRACTICES & MEETS** - Until FCPS is out of school, practices will be Mon through Fri from 4-6pm (4-5pm for 10 & under divers and 5-6pm for 11 & up divers). If you have a conflict (swim/tennis/other sports/music lessons), come to whichever practice fits your schedule. Our first dive meet is at home on Tuesday June 23<sup>rd</sup> from 6 - 9pm. We will have three home meets hosting Lee Graham, Truro and Sideburn Run and two away meets at Dunn Loring and Overlee. There will be some Monday morning practices (when there are home Swim Team B meets on Monday evening). Tuesday practices will be our team warm-ups at Tuesday evening meets. Wednesday morning practices are the day after a dive meet where we celebrate with a Fun Day/dive team breakfast. Our Dive Team calendar will be posted on the pool bulletin board and is also online for easy reference.

**VOLUNTEER REQUIREMENTS** - We must have volunteers to successfully run a dive meet. At every meet, we must have **Table Workers** to record diver scores on the diver’s sheet after each dive and then add up the diver’s score, and

**Judges** to rate each dive on a scale of one to ten (there’s a chart to assist with this). There are NVSL clinics scheduled to teach you everything you need to know. The 2015 NVSL Clinic dates are included and will be posted online and at the pool.

The training is free; no pre-registration is necessary! We will be using *signupgenius.com* again this year to schedule our volunteers for home meet

set-up, table workers, judges, referee, concessions workers, photographer,

break-down/clean-up, and banquet). The *signupgenius* link will be on pool website and also emailed to all dive team families.

**QUESTIONS?** - Contact the MHC Dive Team representative Susan Webster, at [mhcdive2015@gmail.com](mailto:mhcdive2015@gmail.com) or (703) 477-6391 with any questions.

## **2015 Dive Team Calendar**

### **Week #1**

<b>May 25<sup>th</sup> - Memorial Day</b>	3-5pm	<b>DIVE REGISTRATION</b> at the pool/ Meet the dive coaches
<b>May 26<sup>th</sup> - 29<sup>th</sup></b>	4-5pm	Afternoon dive practice for 10 & Under divers
	5-6pm	Afternoon dive practice for 11 & Older divers

### **Week #2**

<b>June 1<sup>st</sup> - 5<sup>th</sup></b>	4-5pm	Afternoon dive practice for 10 & Under divers
	5-6pm	Afternoon dive practice for 11 & Older divers

### **Week #3**

<b>June 8<sup>th</sup> - 12<sup>th</sup></b>	4-5pm	Afternoon dive practice for 10 & Under divers
	5-6pm	Afternoon dive practice for 11 & Older divers

### **Week #4**

<b>June 15<sup>th</sup></b>	<b>NO DIVE PRACTICE DUE TO B SWIM MEET @ MHC</b>	
<b>June 16<sup>th</sup> - 20<sup>th</sup></b>	4-5pm	Afternoon dive practice for 10 & Under divers
	5-6pm	Afternoon dive practice for 11 & Older divers

### **Week #5**

<b>June 22<sup>nd</sup></b>	9-10am	Morning dive practice for 10 & Under divers
	10-11am	Morning dive practice for 11 & Older divers
<b>June 23<sup>rd</sup></b>	4-5pm	MHC Dive Team warm up @ MHC
	5-6pm	Lee Graham Dive Team warm up @ MHC
	6-9pm	<b>Lee Graham vs MHC @ MHC (HOME Dive Meet)</b>
<b>June 24<sup>th</sup></b>	9-11am	Fun Day/Breakfast
<b>June 25<sup>th</sup> - 26<sup>th</sup></b>	4-5pm	Afternoon dive practice for 10 & Under divers
	5-6pm	Afternoon dive practice for 11 & Older divers

### **Week #6**

<b>June 29<sup>th</sup></b>	4-5pm	Afternoon dive practice for 10 & Under divers
	5-6pm	Afternoon dive practice for 11 & Older divers
<b>June 30<sup>th</sup></b>	4-5pm	MHC Dive Team warm up for meet @ MHC
	5-6pm	Truro Dive Team warm up @ MHC
	6-9pm	<b>Truro vs MHC @ MHC (HOME Dive Meet)</b>
<b>July 1<sup>st</sup></b>	9-11am	Fun Day/Breakfast
<b>July 2<sup>nd</sup> - 3<sup>rd</sup></b>	4-5pm	Afternoon dive practice for 10 & Under divers
	5-6pm	Afternoon dive practice for 11 & Older divers

### **Week #7**

<b>July 6<sup>th</sup></b>	4-5pm	Afternoon dive practice for 10 & Under divers
	5-6pm	Afternoon dive practice for 11 & Older divers
<b>July 7<sup>th</sup></b>	5-6 pm	MHC Dive Team warm up @ Dunn Loring
	6-9pm	<b>MHC vs Dunn Loring @ Dunn Loring (AWAY Dive Meet)</b>
<b>July 8<sup>th</sup></b>	9-11am	Fun Day/Breakfast
<b>July 9<sup>th</sup> - 10<sup>th</sup></b>	4-5pm	Afternoon dive practice for 10 & Under divers
	5-6pm	Afternoon dive practice for 11 & Older divers

### **Week #8**

<b>July 12<sup>th</sup> (Sunday)</b>	All Day	Wally Martin Memorial 3-meter Dive Meet @ Oak Marr Rec Center
<b>July 13<sup>th</sup></b>	9-10am	Morning dive practice for 10 & Under divers
	10-11am	Morning dive practice for 11 & Older divers
<b>July 14<sup>th</sup></b>	4-5 pm	MHC Dive Team warm up @ MHC
	5-6 pm	Sideburn Run Dive Team warm up @ MHC
	6-9 pm	<b>Sideburn Run vs MHC @ MHC (HOME Dive Meet)</b>
<b>July 15<sup>th</sup></b>	9-11	Fun Day/Breakfast



### **2015 Dive Team Calendar- continued**

#### **JUNE 10**

Referee Clinic

6:30pm @ Truro, 4146 Elizabeth Lane, Annandale, VA 22003

#### **JUNE 14**

Judges Clinic

4:00pm @ Oakton, 11714 Flemish Mill Court, Oakton, VA 22124

#### **JUNE 21**

Referee Clinic

4:00pm @ Hamlet , 8209 Dunsinane Drive, McLean, VA 22102

#### **June 24**

Judges Clinic

6:30pm @ Sleepy Hollow B&R, 3516 Sleepy Hollow Road, Falls Church, VA 22044

**ALL CLINICS START ON TIME (RAIN OR SHINE).**

### **2014 MHC DIVE TEAM**



## **2015 Social Calendar**

**MEMBERS OPEN HOUSE** (May 17, 4:00 p.m.–6:00 p.m.) -- No swimming, yet, but come check out the pool, see old friends, and meet the new MHC members!

**BOARD PICNIC** (May 25, 11:00 a.m.–1:00 p.m.) -- Still only \$3 for hotdogs, chips, and a drink. Catch up with summer friends and chat with the Board members.

**OPENING NIGHT PARTY** (May 23, 7:00 p.m.–11:00 p.m.) -- As always, the BEST way to start off the summer season. We are pleased that we have the "Tommy Gann Band" for entertainment. Tommy has performed at MHC as a solo performer on the 4<sup>th</sup> of July and his high energy band is well known and plays regularly in venues on the Arlington/DC circuit. We are maintaining our bargain price of \$20/person to encourage maximum participation. Come and bring all your friends.

**SUMMER SOLSTICE WINE TASTING** (June 20, 6:00 p.m.–10:00 p.m.) Come taste some local wines, hobnob with your friends, and stock up on wine for the summer.

**JULY 4<sup>th</sup> CELEBRATION** (1:00 p.m.–5:00 p.m.) The day your kids look forward to all year -- games, beer, live music, sun -- A true American celebration and tradition.

**CRAB FEAST** (July 18<sup>th</sup> 7:00 p.m.–11:00 p.m.) — Beer, wine, crabs, shrimp and a whole pig for a ridiculously low price. Registration information and prices will be posted in early July. Make your plans and purchase your tickets early. Put this date on your calendar, it's the best social event of the season!

**TEEN NIGHT** (date TBD) -- Music, pizza, soda, no pesky younger siblings!

**FLOAT NIGHT** (July 31, 6:00 p.m.–9:00 p.m.) -- Back by popular demand!

**MOVIE NIGHT** (August 29, 7:00 p.m.–9:00 p.m.) -- The best way for the kids to wind down their summer!

**BEER AND BRATS** (August 30, 6:00 p.m.–9:00 p.m.) -- The best way for the ADULTS to wind down their summer!

**Wow, here's a hot item!!!**

**MHC offers free entrance to any social event (yes, even the crab feast) to any member who helps with another event. See the link on the club website or go directly to**

<http://www.SignUpGenius.com/go/30E0E4BABA62D6-mhcsocial>

## **Membership Notes**

Some of our Members have their shares available for sale so if you know of anyone who might be interested in Mansion House membership, please speak with them and have them contact our Membership Chairman, David Earle. We would like to speak with them! Keep an eye open for those moving trucks! David's email is:

Davidearle12@gmail.com.

Several have asked what to do if they would want to sell their share.

When you decide that you would like to sell your membership, your name needs to be put on the official sale list. The shares are sold by the Club in the order in which they are put on the list unless you find your own buyer in which we can sell your share to that family right away. Due to the seasonal nature of the club, be sure to plan in advance and get on the sale list earlier rather than later to minimize the time waiting while you are progressing up the list.

Until the share sells, the Member still has full use of the club as well as continued member responsibilities. When the share sells you receive back your \$1,000 share investment less a \$50

## **Kitchen**

As always, the kitchen is open and usable by any members during the season. Please feel free to use the refrigerator, stove/oven, microwave, sink, and grills. Please remember to clean up after yourselves, including removing any personal items and wiping down the sink, stove/oven, counters after you have used them. Cleaning products are accessible for use by all members near the sink in the kitchen. Mansion House will no longer keep grilling utensils, plates, or other items for general use in the kitchen. Please remember to bring your own and take them home when you are done. Anything left behind will be discarded. Thank you for helping us keep the Mansion House kitchen clean!!

## **MHC WEBSITE**

Mansion House has a website. Please visit us at [www.mansionhouseclub.com](http://www.mansionhouseclub.com) to read all about the summer fun planned for this season. Website **visitors** will have access to most informational pages.

Website **members**, however, will have on-line access to pay their club dues, social event fees, and team registration fees. In addition, website members will be able to view club and team photo pages, and receive instant notices regarding pool closures due to weather or contamination incidents. Please fill out and submit the member application found on the website tab, "Application for Online Payment/Dues," and approval will be granted within 24 hours. We request that there be only one member application and email login per household as membership and payments are identified through your MHC membership number.

To pay your dues online, register and pay for social events, or register for MHC teams, please select the event listed on the home page or the "MHC Calendar/Events & Payments" page and click the register button. If you prefer to pay your dues and register for events and teams in person, please continue doing so and enjoy the website for its informational content. Let us know how we are doing and if there is anything else you would like to see on the website.

## **MHC Board**

**President: Jackie Cooney,**  
jackiecooney2000@yahoo.com

**1st Vice President: Keith Webster,**  
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**2nd Vice President/Long Range Planning,**  
**Jodi Shlesinger,**  
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**Secretary: Keith Bea,**  
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**Treasurer/Finance: Mike Hooper,**  
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